

[PLEDGE OF ALLEGIANCE]

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Season 10

Episode 11

Total 712

Also ... you will hear more from the jazz band and how they are tuning up for a competition.

And ... we'll explain why you need to be at school at 6: 00 am on Friday morning.

I'm MADELYN LOUREIRO

And I'm EMMA PERA

Today is September 11th

And UNLEASHED begins... NOW.

[INTRO_NEWS_QUARRY BOWL]

Good morning Wildcats. This is Quarry Bowl week.

On Friday night, your Wildcats play their first SFL league game ... less than one mile away ... against the Rocklin Thunder.

Student tickets are on sale today, at the student store. You are limited to one ticket, for eight dollars, with your id card.

The remaining tickets go on sale tomorrow, at 7:15 am, in front of the gym. Tickets tomorrow are ten dollars.

[NEWS_QB_MORNING RALLY]

Good Day Sacramento is live, in the gym, Friday morning. They will have several live segments, featuring you, at the morning rally.

This is a great opportunity to show school spirit, win prizes, eat donuts, and practice chants the students will use at Friday night's game. Doors open at 6:00 am and close at 6:30. Don't miss the Quarry Bowl morning rally, Friday, on Good Day Sacramento.

[NEWS_QB_T-SHIRT]

After you buy your Quarry Bowl ticket, don't forget to pick up this year's t-shirt. In past, both the game and the shirt sell-out. Here is a video the leadership team made for Friday Night's game.

[NEWS_SUICIDE PREVENTION]

This is National Suicide Prevention week. The leadership team and the counseling department are working together to raise awareness about the topic. The counselors are hosting a lunchtime workshop about how you can help a friend ... by knowing the warning signs. The workshop is today, in the Library, at lunch. Also, make sure to wear teal or purple tomorrow and stop by the table, in the amphitheater at lunch, for information on what to do if you know someone who is thinking about suicide.

[NEWS_JAZZ]

And ... The Whitney Jazz Band is practicing several new pieces for their upcoming performances. Take a listen ...

Recently the band performed at Quarry Park for Patriot Day and played Good Time Charlie and Ginger Bread Boy. The band is also practicing for a competition at Sacramento State. If you want to join the Jazz Band or to find out when they are performing next, see Mr. Harper in the band room.

[NEWS_CLUB SHIELD]

The leadership team needs club presidents to stop by the student store, to pick up their club shield. This is the shield that you will decorate for club rush. They are due back to the student store by Friday. Also, Club Rush is postponed. We will let you know here, on Unleashed, when the new date is posted.

[NEWS MOCK INTERVIEW]

And ... Senior Mock Interviews are September 20th and 21st.

Over 50 volunteers are on campus for two days to interview the entire senior class. Remember that you must arrive early to your appointment, have your resume and cover letter printed, and dress for success.

[NEWS_QUARRY BOWL]

Earlier in the show, we told you that Quarry Bowl tickets are on sale now. So, let's send it over to reporter Karla Barajas who is with the Voice of Whitney Marin Bauer, to tell us more about the cost of a ticket and where to buy one. Karla...

[NEWS_FEATURE PACKAGE]

Gerard Gusay is a 8 year old boy who goes to Rockin Jump almost everyday . But what makes him unique, is that he jumps ... to help him with his disability. Reporter Emma Pera and photographer Tracey Bontilao went to see how Rockin Jump plays a role in helping him express his emotions.

[NEWS_FEATURE PACKAGE_OUT]

As you saw in the story, Gerard and his father go Rockin Jump to spend time together and so that Gerard can feel like a kid. They said it can act as an escape from reality.

Comment about the TOPIC from package...

[INTRO TO THE WORD]

Now ... the student section was packed at Friday's football game.

It was a whiteout game and because it was on the road, the dance team helped fill the bleachers ... Here's Julia Ruccione with more in your ... "Word around Campus."

[THE WORD]

UP FIRST, Senior Taila Recce SHARED THIS ON ... INSTAGRAM WITH THE HASHTAG WHSUNLEASHED.

In this picture Talia is with Seniors Kailee Honberger, Amaia Caballero, Madison Bailey, and Cameron Clark. They wanted to support the football team since it is their last year. Talia also said that since she is on the dance team that it was a nice change to be cheering in the bleachers instead of on the side lines.

AND THIS WEEK WE ASKED YOU to tell us your favorite quarry bowl memory USING THE HASHTAG WHSUNLEASHED.

Senior Cameron Clark said her favorite memory from the Quarry Bowl was last years tailgate. In this picture you can see that Cameron and her friends had their faces painted. Also, Leadership played music and taught students chants to say at the game.

NOW, HERE IS WHAT'S TRENDING... and if you wear Thrasher, you may want to check out these wheels.

These aren't your average roller skates. The freeline Skates are 4 in 1. They are a combination of Skateboarding, Surfing, Snowboarding, and Inline skates. Unlike normal roller skates, they are not attached to your feet, and riders just stand on them like a skateboard.

[OUT WORD_BE RIGHT BACK]

Although they are available in the U.S they are most popular in China, Japan, and Vietnam.

Comment about the WORD...

Comment about the WORD ... We'll be right back.

[WELCOME BACK_ASVAB]

WELCOME BACK ... and thank you Jasmine Caruthers and Peyton Janda for that PSA.

Now, here are some opportunities you can find in the College and Career Center ... The ASVAB test is September 24th, at 1:15, in the library.

The ASVAB is a timed aptitude test that measures your abilities.

It helps predict future academic options and possible careers. Sign up in the career center to take the test.

[CAREER_COLLEGE VISITS]

There are several college reps visiting the career center over the next few days. Here are a few ...

Point Loma, Drexel, and Arizona State will have representatives here tomorrow. And the University of Oregon will have a representative here on Thursday. Also, you can meet the Seton Hall rep on Friday. Pick up a pass if you are interested in attending a college presentation.

[CAREER_WALKER CREEK]

And ... there is an opportunity to earn community service hours and help elementary school students.

If you like hiking and camping, and you like working with young students, sign up to help. Sierra Elementary is looking for camp chaperones to go to Walker Creek Ranch from October 1 through 5th. You need to be a current junior or senior and at least 16 years old.

[INTRO_WEATHER]

Now ... most of us have been wearing shorts to school ... but it is time to break out the jeans.

Let's see when the cooler temperatures are coming ... Here's HANNAH MACKENZIE with your forecast.

[WEATHER]

- TODAY - SUNNY / NOW - 66 / 12:42 - 76 / 2:40 - 84

Thanks Sarah and Bethany, as we look outside right now it is 66 degrees with clear skies. It should be a little humid today and the high will work its way up to 88 degrees.

While you are at lunch, you shouldn't be too hot just yet- it will be 76 degrees.

However, when you head to practice after school, it should be warm at 84.

- FUTURE FORECAST - DAY 1 - Wednesday / partly cloudy / H - 78 / L - 53

Now here is a look at the next three days. On Wednesday we will see partly cloudy skies and temperatures in the high 70's.

- FUTURE FORECAST - DAY 2 - Thursday / Sunny / H - 77 / L - 52

On Thursday, the temperature will continue to stay in the upper 70's with a high of 77 degrees.

- FUTURE FORECAST - DAY 3 - Friday / Sunny / H - 81 / L - 53

And on Friday, look for cool morning temperatures in the low 60s, and then it will rise to 81.

Now, here is one last look at your forecast ...

[OUT_WEATHER]

And as we look forward to Friday, the weather should be nice for the Quarry Bowl with temperatures in the low 80's.

Ad-lib ... context about weather relating to X-Factor news / Sports / or Full Court Press

Thank you for the weather update HANNAH...

[INTRO SPORTS]

And now it is time for sports ... the volleyball team played Placer in a non-league match.

Let's send it over to ANTHONY BAGLIETTO with the results, in the Full Court Press...

[SPORTS_SEGMENT]

****FULL COURT PRESS***
ANTHONY BAGLIETTO

[GOODBYE]

Thanks Anthony ... And to be featured in the show, don't forget to answer next week's question, and tell us about your favorite Quarry Bowl memory.

Also make sure you share a picture on Snapchat, Twitter, or Instagram, with the hashtag WHSUNLEASHED.

That's all for now, where the news is UNLEASHED every day.

We'll see you ... tomorrow.